

**CIVIL AVIATION DIRECTORATE**

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This PEL Notice is intended to provide information on cabin crew medical assessments, in particular to cabin crew employed by operators holding an air operator certificate issued by Transport Malta.

The following references are taken from the Commission Regulation (EU) 1178 of 2011.

**Reference Cover Regulation Article 11**

The medical examinations or assessments of cabin crew members that were conducted in accordance with Council Regulation (EEC) No 3922/91 [EU-OPS] and which were still valid at the date of application (on 08 April 2013) are deemed to be valid according to the Aircrew Regulation until the earlier of the following:

- (a) the end of the validity period determined by the competent authority in accordance with Regulation (EEC) No 3922/91, as below:
- the expiry date of the medical report;
  - 5 years from the medical assessment for cabin crew under 45 years of age;
  - 3 years from the medical assessment for cabin crew between 45 and 59 years of age;
  - 1 year from the medical assessment for cabin crew 60 years of age or older.

or

- (b) the end of the validity period provided for in point MED.C.005 of Annex IV (stated below).

**Reference: MED.C.005 Aero-medical assessments**

1. Cabin crew members shall undergo aero-medical assessments to verify that they are free from any physical or mental illness which might lead to incapacitation or an inability to perform their assigned duties and responsibilities.
2. Each cabin crew member shall undergo an aero-medical assessment before being first assigned to duties on an aircraft and after that at intervals of maximum 60 months.
3. Aero-medical assessments shall be conducted by an AME (Aeromedical Examiner), AeMC (Aeromedical Centre). An OHMP (Occupational Health Medical Practitioner) can conduct the medical assessment if the requirements of MED.D.040 are complied with.

**Reference: MED.C.025 Content of the aero-medical assessment**

In case of doubt or if clinically indicated any additional medical examination, test or investigation may be included in the initial or subsequent aero-medical assessment if considered necessary by the AME or AeMC.

**Reference MED.C.030 Cabin crew medical report**

After completion of each aero-medical assessment applicants for, and holders of, a cabin crew attestation

- 1.0 are provided with a cabin crew medical report by the AME, AeMC or OHMP; and
- 2.0 shall provide the related information, or a copy of their cabin crew medical report to the operator employing their services.

**Cabin crew medical report**

A cabin crew medical report indicates the date of the aero-medical assessment, whether the cabin crew member has been assessed as fit or unfit, the date of the next required medical aero-medical assessment and, if applicable, any limitation(s). Any other elements are subject to medical confidentiality.

**Reference MED.C.035 Limitations**

If the holder of a cabin crew attestation does not fully comply with the medical requirements in Section 2 of Part-MED, the AME, AeMC or OHMP will consider whether he/she may be able to perform cabin crew duties safely if complying with one or more limitations.

Any limitation(s) to the exercise of the privileges by the cabin crew attestation will be specified on the cabin crew medical report.

These limitations can only be removed by an AME, AeMC or OHMP in consultation with an AME.

**Reference MED.A.020 Decrease in medical fitness**

Cabin crew members shall not perform duties on an aircraft and, where applicable, shall not exercise the privileges of their cabin crew attestation when they are aware of any decrease in their medical fitness, to the extent that this condition might render them unable to discharge their safety duties and responsibilities.

In addition, cabin crew members shall, without undue delay seek the advice of an AME, AeMC or OHMP when they:

- 1.0 have undergone a surgical operation or invasive procedure;
- 2.0 have commenced the regular use of medication;
- 3.0 have suffered any significant personal injury involving incapacity to function as a member of the flight crew;
- 4.0 have been suffering from any significant illness involving incapacity to function as a member of the flight crew;
- 5.0 are pregnant.

The AME, AeMC or OHMP will assess the medical fitness of the cabin crew member to decide whether he/she is fit to resume his/her safety duties

**Chief Medical Officer  
Malta Aero-medical Section**